

Oh Lord, open our lips.

And we shall declare your praise.

(Psalm 51:15)

The word of God is alive and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart. Nothing in all creation is hidden from God's sight. Everything is uncovered and laid bare before the eyes of him to whom we must give account.

Therefore, since we have a great high priest who has ascended into heaven, Jesus the Son of God, let us hold firmly to the faith we profess. For we do not have a high priest who is unable to empathize with our weaknesses, but we have one who has been tempted in every way, just as we are —yet he did not sin. Let us then approach God's throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need.

(Hebrews 4:12-16)

OPENING PRAYER

God of mercy, this midday moment of rest is your welcome gift. Bless the work we have begun, make good its defects, and let us finish it in a way that pleases you. Grant this through Christ our Lord. **Amen.**

(Liturgy of the Hours)

PSALM OR SCRIPTURE *(see other side)*

SILENT REFLECTION

PRAYERS FOR OUR CAMPUS AND COMMUNITY

Almighty God, you have promised through your Son that when two or three are gathered together in his Name you will grant their requests: Fulfill now, O Lord, our desires and petitions as may be best for us; granting us in this world knowledge of your truth, and in the age to come life everlasting. **Amen.**

(ACNA BCP 2019)

For the campus of Virginia Tech, its faculty, staff, administrators, and leaders:

For the students, for their spiritual awakening, intellectual growth, and personal wellbeing:

For the unity and flourishing of campus ministries and local churches in the Blacksburg area:

For those who are poor, sick, in prison, or the victims of violence or oppression:

For violent conflicts and war in parts of the world:

CLOSING PRAYER

Lord Jesus Christ, you stretched out your arms of love on the hard wood of the cross that everyone might come within the reach of your saving embrace: Clothe us in your Spirit so that we, reaching forth our hands in love, may bring those who do not know you to the knowledge and love of you; for the honor of your name. **Amen.**

(ACNA BCP 2019)

EPHESIANS 1:3-10

Praise be to the God and Father of our Lord Jesus Christ, who has blessed us in the heavenly realms with every spiritual blessing in Christ. For he chose us in him before the creation of the world to be holy and blameless in his sight. In love he predestined us for adoption to sonship through Jesus Christ, in accordance with his pleasure and will—to the praise of his glorious grace, which he has freely given us in the One he loves. In him we have redemption through his blood, the forgiveness of sins, in accordance with the riches of God’s grace that he lavished on us. With all wisdom and understanding, he made known to us the mystery of his will according to his good pleasure, which he purposed in Christ, to be put into effect when the times reach their fulfillment—to bring unity to all things in heaven and on earth under Christ.

PSALM 23

The LORD is my shepherd, I lack nothing.
He makes me lie down in green pastures, he leads me beside quiet waters, he refreshes my soul.
He guides me along the right paths for his name’s sake.
Even though I walk through the darkest valley, I will fear no evil
for you are with me; your rod and your staff, they comfort me.

You prepare a table before me in the presence of my enemies.
You anoint my head with oil; my cup overflows.
Surely your goodness and love will follow me all the days of my life,
and I will dwell in the house of the LORD forever.

PSALM 25:1-10

In you, LORD my God, I put my trust.
I trust in you;

Do not let me be put to shame, nor let my enemies triumph over me.
No one who hopes in you will ever be put to shame,
but shame will come on those who are treacherous without cause.

Show me your ways, LORD, teach me your paths.
Guide me in your truth and teach me, for you are God my Savior,
and my hope is in you all day long.

Remember, LORD, your great mercy and love, for they are from of old.
Do not remember the sins of my youth and my rebellious ways;
according to your love remember me,
for you, LORD, are good.

Good and upright is the LORD; therefore he instructs sinners in his ways.
He guides the humble in what is right and teaches them his way.
**All the ways of the LORD are loving and faithful
toward those who keep the demands of his covenant.**